

GASPED is a service that helps and support anyone who is affected by a loved one's drug and/or alcohol use.

Our services include:-

- Community based support groups
- One to one counseling
- Prison support service
- 24 helpline
- Training
- Complimentary therapies
- Respite
- Quarterly newsletters
- Monthly 'What's on' Newsletters
- Volunteer opportunities



GASPED family support service is here to help you come to terms with a loved one's imprisonment.

We understand that it can be a difficult and distressing time for you.

We offer information, advise and support.

Please contact us for further information.



## **GASPED Family Prison Support Service**

*Greater Awareness for  
Parents Encountering  
Drugs*

**GASPED**

**Head Office: 5a Cheapside,  
Wakefield, WF1 2SD**

**Tel:01924 787501**



## Prison Support Service

Families and carers who are affected by a loved ones drug and/or alcohol use can be affected physically, psychologically, socially and financially, however when they are sent to prison this has a massive impact on the family. At first the impact is initially around the user being away from home, and later, the impact of their return. These concerns can include:-

- Stigma and shame of prison
- Anxiety and stress about the user's safety
- Suicide and/or self harm
- Physical and mental health issues
- The prison environment
- Mixing with other criminals
- Not knowing when they will be released
- Possible loss of housing
- What care will they receive for their drug or alcohol problem?

GASPED office number: 01924 787501

24 Helpline: 0845 146 0002

The family will have some questions that will need answering, such as:-

- Is phone contact allowed, if so how often?
- Visits and visiting procedures.
- Does the user have children? If so can they visit the prison along with an adult?
- What are the potential risks of a child visiting prison?
- What should I tell the children?
- How will they reintegrate into the family when they return?

Our support programme includes:-

**The first time programme:-** Visiting a loved one in prison for the first time can be a daunting prospect, therefore we want to make the process as easy as possible for family members. Specially trained volunteers will meet family members at an agreed local point and escort them into the prison.

The volunteers will support the family through the system informing them and guiding them through the process, reducing anxiety and allowing the family to concentrate on themselves and their loved one.

- **Literature:-** We recognise that not everyone will want to access the First Time support; therefore it is important that we have information on hand to send to families for them to help to understand the prison process, and the support available. Please ring for a prison information pack.

**Information at Courts:-** When a loved one is sentenced or remanded into custody at court the family will be confused, upset and/or angry. Therefore it is important that they can access information on the prison support service as soon as possible. Information will be on hand at the courts

**Individual Family Support:-** The families would have use of GASPED 24 hour helpline to call if they have concerns or just needed some support and someone to talk to. Please call 0845 146 0002.