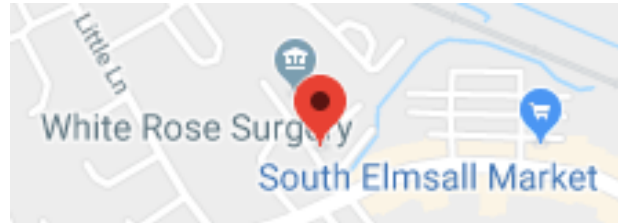




Greater Awareness and Support for People Encountering Drugs

South East Parent, Family and Carer Group



Greater Awareness and Support for People Encountering Drugs

All meetings are held on the first
Wednesday of every month

5.00pm—6.30pm

2nd January

6th February

6th March

3rd April

1st May

5th June

3rd July

7th August

4th September

2nd October

6th November

4th December

GASPED 2019 group meetings will be held at
Burntwood Community Centre.

For further information please contact:

Head Office	Tel 01924 787 501
Wakefield	HELPLINE
Resource Centre	08451460002
5-5a Cheapside	resourcecentre@gasped.co.uk
Wakefield	Charity Number
WF1 2SD	1072174
	CLBG Number 03580793

Web: www.gasped.org.uk

South East Support Group 2019

Held at:
Oasis Church, 10A
Exchange St, South Elmsall,
Pontefract WF9 2RD



You don't have to cope alone . . .



GASPED offers information, advice, help and support for the parents, partners, families and carers who care for or who are affected by a loved one using drugs./alcohol.

Our network of community-based parent, family and carer groups are led by specially trained parent/carer volunteers, some of who all have personal experience of living and coping with a drug / alcohol dependant person.

Everyone who attends a GASPED group meeting understands what it is like to support a drug user in the family. Members come together to talk, listen, learn, share experiences and give support to one another.

The meetings are confidential and you can be sure of a non-judgemental, warm and friendly atmosphere, where you will be made to feel welcome.

If you would like to be met outside the venue, please contact us prior to the meeting.

As well as support and information, you also have the opportunity to take part in

What people say about our Parent, Family and Carer Service/Groups

The comments below are from people who attend our services/support group meetings;

- Since coming to the support group I have felt so much better
- Meeting other people with the same family problems helps enormously
- The support group has meant a lot to my wife and I as we have kept our problems to ourselves for so long
- We have been able to share our troubles with people in the same predicament as us
- Somewhere to come where I can open my heart and say it like it is
- It gives me the strength to carry on
- Realising we are not alone, other parents are just like us
- I come away feeling I am not alone and somehow stronger to enable me to cope
- I'm among friends who care and know what you are going through
- Life was not worth living until I joined a support group. It was then that I realised that I wasn't alone

Helpline
0845 146 0002

Other GASPED services include:

- Helpline
- Drop-in sessions
- Counselling - Individual, couple, family and bereavement
- One to one information sessions
- Monthly creative workshops
- Respite/Social events
- Complimentary therapies
- Database of drug related services
- Community Rehab Programme
- Training
- Quarterly newsletter
- Community based Family and Carer Support Groups in:

⇒ Wakefield (Daytime)

⇒ Castleford

⇒ South Elmsall

All clients are made aware of GASPED's Confidentiality Policy. This policy is enforced throughout our parent/carer

*HELP US
TO HELP YOU
TO HELP THEM*