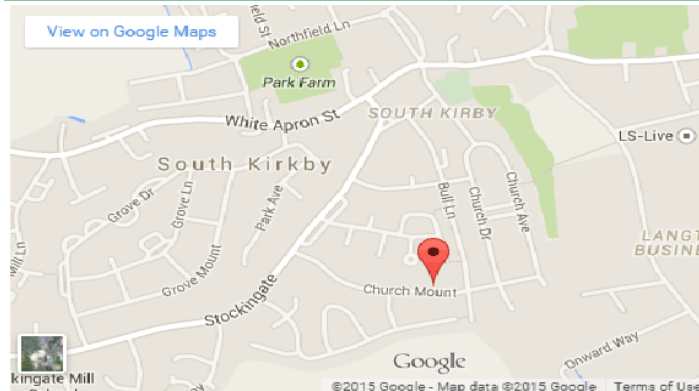




GASPED

Greater Awareness and Support for People Encountering Drugs

## South Kirkby Parent, Family and Carer Group



GASPED 2016 group meetings will be held at Burntwood Community Centre.

The services that Roses Socialcare provide includes a Day Care Centre and a variety of Home Care and Support Services. Our professional care staff can come to your home and cater for your personal needs.

For further details please contact 01977 652663 .

### For further information please contact:

Head Office	Tel 01924 787 501
Wakefield	24HR HELPLINE
Resource Centre	08451460002
5-5a Cheapside	resourcecentre@gasped.co.uk
Wakefield	Charity Number
WF1 2SD	1072174
	CLBG Number 03580793

Web: [www.gasped.org.uk](http://www.gasped.org.uk)



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All meetings are held on the first  
Thursday of every month

5.00pm—6.30pm

5th January  
2nd February  
2nd March  
6th April  
4th May  
1st June  
6th July  
3rd August  
7th September  
5th October  
2nd November  
7th December

# South Kirkby Support Group 2017

Held at:  
Burntwood Community  
Centre, Church Mount,

## You don't have to cope alone . . .



GASPED offers information, advice, help and support for the parents, partners, families and carers who care for or who are affected by a loved one using drugs./alcohol.

Our network of community-based parent, family and carer groups are led by specially trained parent/carers volunteers, some of who all have personal experience of living and coping with a drug / alcohol dependant person.

Everyone who attends a GASPED group meeting understands what it is like to support a drug user in the family. Members come together to talk, listen, learn, share experiences and give support to one another.

The meetings are confidential and you can be sure of a non-judgemental, warm and friendly atmosphere, where you will be made to feel welcome.

If you would like to be met outside the venue, please contact us prior to the meeting.

## What people say about our Parent, Family and Carer Service/Groups

The comments below are from people who attend our services/support group meet-

- Since coming to the support group I have felt so much better
- Meeting other people with the same family problems helps enormously
- The support group has meant a lot to my wife and I as we have kept our problems to ourselves for so long
- We have been able to share our troubles with people in the same predicament as us
- Somewhere to come where I can open my heart and say it like it is
- It gives me the strength to carry on
- Realising we are not alone, other parents are just like us
- I come away feeling I am not alone and somehow stronger to enable me to cope
- I'm among friends who care and know what you are going through
- Life was not worth living until I joined a support group. It was then that I realised that I wasn't alone

## Helpline

## Other GASPED services include:

- Helpline
- Drop-in sessions
- Counselling - Individual, couple, family and bereavement
- One to one information sessions
- Monthly creative workshops
- Respite/Social events
- Complimentary therapies
- Database of drug related services
- Community Rehab Programme
- Training
- Quarterly newsletter
- Community based Family and Carer Support Groups in:

⇒ Wakefield (Daytime)

⇒ Castleford

⇒ South Kirkby

**All clients are made aware of GASPED's Confidentiality Policy. This policy is enforced throughout our parent/carers**

*HELP US  
TO HELP YOU  
TO HELP THEM*